



help 100

## Show your support

We are fundraising to Help 100 Young people struggling in our communities with: anxiety, ADHD, behavioural challenges, family trauma, school expulsion, gang affiliation, suicidal tendencies, community exclusion, family struggles, drug problems and others.

100% of every amount pledged goes directly to supporting young people struggling in our communities across the Wellington Region.

## SPONSOR A YOUNG PERSON TODAY!



4 - 17 years

<https://pridelands.org.nz/help-100/>

### Support Includes:

- Before & After School Care
- Holiday Programmes
- 1-on-1 Support Care
- Mentoring at Home & School & in the Community
- Social Development Activities
- Internship Leadership Programmes
- Respite programmes (e.g. Adventure Weekends and Pride Escapes)



### What we are doing to Help 100 difference:

100% proceeds from Pride Clothing goes to Help 100:  
<https://pridelands.org.nz/pride-clothing/>

100% proceeds from Pride Gallery goes to Help 100:  
<https://pridelands.org.nz/pride-gallery/>

Write to us: [info@PrideLands.co.nz](mailto:info@PrideLands.co.nz)

Learn more: [www.PrideLands.co.nz](http://www.PrideLands.co.nz)

Call us: 04 - 9072225

# Pledge



help 100

**Name/Business name:**

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**Phone number:**

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**Email:**

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**Signature:**

**Date:**     /     /

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**I/we pledge to:**

- give money
- give a service
- give goods
- nominate/sponsor a child

**I/we commit to give: \$** \_\_\_\_\_

- one-off      weekly      monthly
- quarterly      yearly

other: \_\_\_\_\_

my employer/friend will match it

**What kind of service/goods are you offering?**

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**Nominate a child:**

<https://pridelands.org.nz/help-100/nominate-a-child/>

**Employer/friend name:**

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**Phone number:**

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**Email:**

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Pride Lands Childcare

P. O. Box 19256  
Marion Square  
Wellington 6141, New Zealand

Or Scan and e-mail to us: [info@PrideLands.co.nz](mailto:info@PrideLands.co.nz)



*We want to thank you very much for your support!*